



Balaji Tambe Foundation

Founder: Padma Shri Shreeguru Dr. Balaji Tambe, Karla

Garbhasanskar Competition 2023

A] 1) Full name of Father

2) Mother's Name

3) Name of the Child

B]

| | Birth Date | Address | Email | Mobile | Educational Qualification | Date of marriage | Occupation |
|--------|------------|---------|-------|--------|---------------------------|------------------|------------|
| Father | | | | | | | |
| Mother | | | | | | | |

C] Child birth details:

| Date of Birth | Time of Birth | Place of Birth | After how many weeks, child has taken birth? | Type of Birth | Weight at the time of birth | Any Special observation immediately after birth |
|---------------|---------------|----------------|--|---------------|-----------------------------|---|
| | | | | Normal | | |
| | | | | Caesarean | | |

D] Care taken before Pregnancy:

1) Panchakarma: Mother / Mother and Father

How many days:

Place:

2) Diet: (Changes done)

3) Medicines:

4) Sanskar:

5) Type of exercises:

6) Religious / Rituals:

7) Other:

E] Care taken during nine months of Pregnancy:

1) Sanskar:

2) Reading:

3) Music:

4) Diet:

5) Type of exercises:

6) Medicines:

7) Dohale (Pregnancy Cravings):

8) Other:

F] 'Santulan' Sanskar:

1) Use of the book "Ayurvediya Garbhasanskar" written by Dr. Balaji Tambe
Full/ Medium/ Little/ No

2) Listening to Dr. Balaji Tambe's Garbhasanskar Music
95-100%/ 50%/ 25%/ Less than this/ No

3) Use of 'Santulan' Products (name the medicines):

4) Other:

G] After the birth of child:

1) SuvarnaPrashan Sanskar: Done / not done

2) Diet:

3) Medicines:

4) Other:

H] Care of the Mother (after delivery):

1) Diet:

2A) Medicines:

2B) Use of 'Santulan' Products:

3) Type of exercises:

4) Other:

IA] Steps of Physical Progress of Child:

To measure steps of progress of your child some activities and options are shown in the following table. Do write when those activities started.

| Activity | Days/Weeks/Months/Years |
|--|-------------------------|
| 1) Staring | |
| 2) Rolling from back to side | |
| 3) Rolling from back (supine) to prone | |
| 4) Moving Forward | |
| 5) Crawling | |
| 6) Getting the first tooth | |
| 7) Babbling | |
| 8) Words formation | |
| 9) Small sentences formation | |
| 10) Standing (with support) | |
| 11) Standing (without support) | |
| 12) Walking (with support) | |
| 13) Walking (without support) | |
| 14) Climbing | |
| 15) Running | |

Note: Please attach Photos and Video clips of progress of your Child with this form.

IB] Intellectual development: Considering other children of same age group as of yours, how do you find the characteristics in your child? Tick (√) the correct option out of the given.

| Qualities | Proportion |
|---------------------------|--------------------------|
| 1) Memorization | Less / as per age / more |
| 2) Understanding | Less / as per age / more |
| 3) Maturity | Less / as per age / more |
| 4) Tolerance | Less / as per age / more |
| 5) Observational capacity | Less / as per age / more |
| 6) Adjustment | Less / as per age / more |
| 7) Innovation | Less / as per age / more |
| 8) Socialization | Less / as per age / more |

J] Any other Observation & Comments: